

“Should I Take PIONEER® CoQ10 Complex or Heart Care Formula?” (See reverse side for detailed ingredient facts.)

- CARDIOVASCULAR SUPPORT FORMULA
- CLINICIAN-FORMULATED
- VERIFIED GLUTEN-FREE

1

CoQ10 Complex

Advanced Antioxidant Protection

As a potent antioxidant formula, **COQ10 COMPLEX** can be helpful to nearly everyone – especially those of middle age and older, because CoQ10 levels decline with age. CoQ10 is intended to provide nutritive support for energy production within cells.

COQ10 COMPLEX • FEATURES

■ Coenzyme Q10 (60 mg or 120 mg)

Research suggests CoQ10 offers nutritive support for:

- heart health
- protection of cells against free radical damage
- gum and periodontal health

■ Grape Seed & Pine Bark Extracts

These extracts contain oligomeric proanthocyanidins (OPCs) - potent antioxidants that have been studied for their reported ability to help provide nutritive support for healthy collagen and maintenance of elastin (two important proteins in blood vessels, muscle and connective tissue). OPCs also help to inhibit oxidation.

■ Alpha-Lipoic Acid

 A powerful water- and fat-soluble antioxidant.

Extends antioxidant life by recycling CoQ10, vitamin E, vitamin C and glutathione. Scavenges both oxygen and nitrogen free radicals in the body, and helps to provide nutritive support for healthy energy production within cells and muscle tissue.



2

Comprehensive Heart Health

Premium Cardiovascular Support

A true cardiovascular tonic! **COMPREHENSIVE HEART HEALTH** contains ingredients intended to provide nutritive support for healthy *heart tissue* (think strength, contractility, metabolism) and healthy *blood vessels* (think stability, integrity, elasticity). This formula is intended primarily for those who wish to complement a heart-healthy lifestyle program.

COMPREHENSIVE HEART HEALTH • FEATURES

■ **Coenzyme Q10 (100 mg)** Widely used to provide nutritive support for heart health. Research suggests CoQ10 may help support overall efficiency of cardiac function and healthy heart muscle respiration.

■ **L-Carnitine** Is intended to provide nutritive support for helping heart cells to produce energy through its biochemical role of enabling fatty acids to enter cellular mitochondria. (The heart depends on fats for energy.) L-carnitine has been the subject of clinical studies.

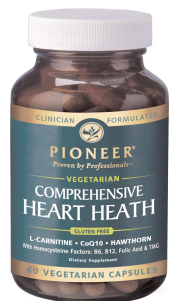
■ **Homocysteine Mitigation Factors** are intended to provide nutritive support for homocysteine levels.

■ **Hawthorn** A time-honored cardiogenic, clinically studied for its reported ability to provide nutritive support for healthy circulation and overall heart health. PIONEER provides meaningful levels of well-researched leaf and flower extract, plus whole berry.

■ **Chromium** Dietary chromium is needed by the body to manufacture glucose tolerance factor (GTF). Studies suggest that higher levels of chromium are present in people with healthy hearts.

■ **Magnesium** A relaxing mineral that helps provide nutritive support for healthy heart rhythm, heart muscle contractility and blood vessel tone.

■ **Mixed Tocopherols** Multiple forms of heart-friendly antioxidant vitamin E! Intended to provide nutritive support for healthy blood viscosity and platelet function.



Clinician-formulated for **ENHANCED ABSORPTION**, naturally...

1) Pre-Emulsified Fat-Soluble Ingredients

PIONEER uses natural lecithin to pre-emulsify the fat-soluble ingredients in these formulas. Emulsification yields microscopic droplets that may help enhance absorption. This potentiates maximum absorption of the CoQ10, vitamin E and Alpha Lipoic Acid in both **COQ10 COMPLEX** and **COMPREHENSIVE HEART HEALTH** - especially helpful for people who have difficulty absorbing fats and fat-soluble nutrients.

2) Black pepper extract has been clinically studied for its reputed ability to help support the body's ability to absorb and utilize CoQ10 and other vitamins, minerals and herbs.

1

CoQ10 Complex

60 mg OR 120 mg

Ingredient Facts**

Serving Size 1 vegetarian capsule
 Bottles of [60 mg: 30 or 60 caps], [120 mg: 30 caps]

	AMOUNT PER SERVING	%DV
Vitamin E (d-alpha tocopheryl succinate)	30 IU	100%
Coenzyme Q10	60 mg or 120 mg	.*
Grape Seed Extract <i>Vitis vinifera</i> (stand. to 76 mg [95%] polyphenols/ proanthocyanidins)	80 mg	.*
Pycnogenol® (French Maritime Pine Bark Extract) <i>Pinus pinaster</i> (stand. to 60% proanthocyanidins)	20 mg	.*
Alpha - Lipoic Acid	50 mg	.*
Lecithin (soy) (non-GMO)	30 mg	.*
Black Pepper Extract <i>Piper nigrum</i> (95% piperine) [BioPerine®]	2 mg	.*

* Daily Value (DV) not established

Other ingredients: cellulose, vegetarian capsule (cellulose), silica, magnesium stearate. **BIOPERINE®** is a registered trademark of Sabinsa Corp. Pycnogenol® is a registered trademark of Horphang Research, Ltd.

THIS PRODUCT HAS BEEN INDEPENDENTLY VERIFIED GLUTEN-FREE. It contains no added artificial preservatives, colors or flavors and undergoes a rigorous heavy metal, pesticide, herbicide and fungicide screening process. 01.08

**Note: Some ingredient details may be abbreviated on actual product labels.

2

Comprehensive Heart Health

Ingredient Facts**

Serving Size 2 vegetarian capsules
 Bottles of 60 capsules

	AMOUNT PER SERVING	%DV
Niacin (inositol hexaniacinate)	25 mg	.125%
Vitamin B6 (5:1 pyridoxine HCl : pyridoxal 5'-phosphate)	25 mg	.1250%
Folic Acid	1000 mcg	.250%
Vitamin B12 (methylcobalamin)	1000 mcg	16667%
Magnesium (2:1 taurate:oxide)	100 mg	.25%
Chromium (chromium polynicotinate)	300 mcg	.250%
L-Carnitine L-tartrate (supplying 340 mg L-carnitine)	500 mg	.*
Coenzyme Q10	100 mg	.*
Mixed Tocopherol Concentrate (gamma-,delta-, alpha-, beta-)	100 IU	.*
Trimethylglycine (TMG) (Betaine)	50 mg	.*
Taurine (as magnesium taurate)	130 mg	.*
Hawthorn <i>Crataegus oxycantha</i> Leaf/Flower Extract (stand. to 4.5 mg [1.8%] vitexin)	250 mg	.*
Hawthorn <i>Crataegus oxycantha</i> Berry	25 mg	.*
Lecithin (soy) (non-GMO)	30 mg	.*
Black Pepper Extract <i>Piper nigrum</i> (95% piperine) [BioPerine®]	2 mg	.*

*Daily Value (DV) not established

Other ingredients: vegetarian capsule (cellulose), maltodextrin (carrier), acacia (carrier), vegetable magnesium stearate, cellulose, soybean oil, guar gum, silica. **BIOPERINE®** is a registered trademark of Sabinsa Corp.

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