



— VEGETARIAN —

# SUPERTONIC™ ENERGY FORMULA

— GLUTEN FREE —

**WHOLE BODY REJUVENATION**  
10 Standardized Herbal Extracts

*PIONEER® Supertonic™ Energy Formula, a potent adaptogenic formula, provides a unique, therapeutic blend of time-honored Chinese, Ayurvedic and Siberian herbs recognized for restorative and energizing effects.*

In the mature, classical health systems of Chinese and Indian medicine, the most valuable herbs are those traditionally known as *tonifiers*. Modern science refers to these plants as *adaptogens* because of their reputed ability to help the body adapt to physiological changes in a variety of ways. To be considered an adaptogen, an herb must:

- 1) **Have a normalizing, balancing action**, regardless of the direction of a person's health;
- 2) **Increase resistance to a wide variety of stressors**, thus have a broad, non-specific action;
- 3) **Cause minimal disruption** in the body and do no harm.

The profound value of adaptogenic tonics lies in their capacity to help restore, normalize and support the function of the body's organs, tissues, glands and systems when taken over time. Rather than treat specific symptoms or conditions, adaptogens offer a *true holistic herbal approach* that supports the elegant interrelation of the body's many self-regulating mechanisms, and *honors the body's own healing wisdom*.

Cellular and tissue stress originate from many sources – whether we are marathon runners or overworked executives, are exposed to toxic chemicals or simply indulge in deleterious lifestyle habits or thoughts. The speed at which physiological stress may erode our health very much depends upon the life choices we make.

For more than 2,500 years, herbal rejuvenative tonics have helped to enhance the quality of life and prolong the duration of vibrant health in people of nearly all traditional cultures. Today, we can help optimize health with daily exercise, wise eating, sufficient rest, a joyful heart, nutritional supplements and a whole-body, system revitalizer such as *Supertonic™ Energy Formula*.

*Supertonic™ Energy Formula* is made exclusively with standardized Chinese, Ayurvedic and Siberian herbs. Noted for their protective, tonifying, restorative and energizing properties, the beneficial herbs in this formula have been in use for more than two millennia. Current research into their precise biochemical mechanisms has been underway worldwide for nearly a century. In this formula, they work together synergistically in the spirit of a true, whole health tonic to help provide nutritive support for numerous body systems.

## CONSIDER THESE PIONEER® ADVANTAGES:

- 1. Helps Support Energy, Endurance, Resistance to Stressors.** *Amla, Rhodiola, Eleuthero, Schizandra and Ashwagandha* are superior adaptogens intended to provide nutritive support for energy, strength, athletic and work capacity, and healthy adrenal and thymus function. These system-balancing herbs have been studied for their purported ability to help support recovery time following injury.
- 2. Helps Provide Potent Antioxidant Activity.** *Green Tea, Turmeric, Amla, Schizandra, Rhodiola and Ginkgo* are superior antioxidant herbs that may help to powerfully neutralize and prevent formation of free radicals, inhibit lipid peroxidation and safeguard the integrity of cell membranes.
- 3. Helps Support Liver Function Including Detox.** *Milk Thistle, Schizandra and Turmeric* are well-known traditional liver-supportive herbs. They have been clinically researched for their suggested ability to help support liver cells and the production of the important liver detox antioxidant enzymes SOD and glutathione.
- 4. Helps Support Cerebral Function.** *Ginkgo, Rhodiola, Eleuthero and Ashwagandha* have been studied for their reputed ability to help provide nutritive support for healthy circulation in the brain, healthy nerve cell function and healthy memory, concentration and mood health.
- 5. Helps Support Immune System.** *Turmeric, Amla, Eleuthero, Ashwagandha and Milk Thistle* may help to provide nutritive support for healthy immune system function.
- 6. Helps Support Joint Function.** *Ashwagandha, Green Tea and Turmeric* may help provide nutritive support for healthy joint function.
- 7. Helps Support Healthy Digestion & Elimination.** *Triphala*, a traditional combination of three Ayurvedic herbs including *Amla*, may help provide nutritive support to gently stimulate intestinal cleansing and to support efficient digestion, absorption and utilization of food.

Serving Size 2 capsules Bottles of 30 or 60 capsules	AMOUNT PER SERVING %DV	AMOUNT PER SERVING %DV	
<b>Eleuthero</b> <i>E. senticosus</i> Root Extract (stand. to 2 mg [0.8%] eleutherosides B & E) . . . . .	250 mg . . *	<b>Triphala</b> <i>Embellica officinalis, Terminalia bellirica, Terminalia chebula</i> Fruit Extract (stand. to 60 mg [40%] tannins) . . . . .	150 mg . . *
<b>Schizandra</b> <i>S. chinensis</i> Berry Extract (stand. to 4 mg [2%] schizandrins) . . . . .	200 mg . . *	<b>Green Tea</b> <i>Camellia sinensis</i> Leaf Extract (stand. to 45 mg [45%] catechins, 60 mg [60%] polyphenols) . . . . .	100 mg . . *
<b>Ashwagandha</b> <i>Withania somnifera</i> Root Extract (stand. to 3 mg [1.5%] withanolides, 2 mg [1%] alkaloids) . . . . .	200 mg . . *	<b>Ginkgo</b> <i>Ginkgo biloba</i> Leaf Extract (stand. to 4.8 mg [24%] ginkgo flavones, 1.2 mg [6%] ginkgolides) . . . . .	20 mg . . *
<b>Turmeric</b> <i>Curcuma longa</i> Root Extract (stand. to 166 mg [95%] curcuminoids) . . . . .	175 mg . . *	<b>Milk Thistle</b> <i>Silybum marianum</i> Seed Extract (stand. to 16 mg [80%] silymarin) . . . . .	20 mg . . *
<b>Amla</b> <i>Phyllanthus emblica</i> Fruit Extract (stand. to 70 mg [40%] tannins, 3.5 mg [2%] vitamin C) . . . . .	175 mg . . *	<b>Black Pepper Extract</b> <i>Piper nigrum</i> (95% piperine) [Bioperine®] . . . . .	2.5 mg . . *
<b>Rhodiola</b> <i>Rhodiola rosea</i> Root Extract (stand. to 3 mg [3%] rosavin, 1 mg [1%] salidroside) . . . . .	100 mg . . *		

\* Daily Value (DV) not established.  
**Other ingredients:** vegetarian capsule (cellulose), silica, vegetable magnesium stearate. Bioperine is a registered trademark of Sabinsa Corp. 4.07  
 NOTE: Some ingredient details may be abbreviated on actual product labels.

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 www.pioneer nutritional.com

